



~~FAULTY~~ BEHAVIOR & SOLUTIONS

WHAT ARE WE EXPECTING AND WHY?

- What do you think a perfect child looks like?
- Think of the time when you were in school?
- Were you perfect ?
- Where are you now ?

<u>18 YEARS</u>	V/S	<u>18 SUMMERS</u>
6574 days		18

REALIZATION

What comes to your mind when you find that you have very less time to spend with your children ?

What are you going to emphasize on ?
Academics or fruitful nurturing ?

Why do we want children to race and compete and follow every rule when they see us breaking those rules time and again ?

DIFFERENT BEHAVIOR PATTERN IN CHILDREN

DOMINANT (प्रमुख) - control, **POWER**, quick, race against everything

SOCIAL (सामाजिक) - help others, connect with friends, **EMOTIONAL**, fun

PATIENT (धीरज) - safety, **KIND**, acceptance, calm

ANALYTICAL (विश्लेषणात्मक) - specific, **CLARITY**, rules, acknowledgement

“UNDERSTANDING AND MOTIVATION IS THE KEY”



OVER CONTROLLED

- Shy
- Low flexibility
- Self conscious
- Uncomfortable with strangers
- Low emotional awareness
- Perfectionist
- Fears trying new things

UNDERCONTROLLED

- Aggressive
- Stubborn
- Lack confidence
- Demanding
- Low impulse control
- Disagreement
- Fear of rejection

WHAT MAKES CHILDREN CRANKY AND STUBBORN ?

OVER CONTROLLED V/S UNDER CONTROLLED

AUTHORITY
अधिकार

CONSEQUENCES
परिणाम



OPTIONS
विकल्प



REWARDS
पुरस्कार



CO-OPERATION
सहयोग

COMPETITION
प्रतिस्पर्धा

SETTING BOUNDARIES FOR YOURSELF & CHILDREN

I know you are angry, but I won't let you hit me.. Is there something you want to do?

You want to play with me, I am eager as well can I finish my dishes and we can play.

I can make out you are less interested in studying but I want you to make sure that we finish this lesson today, do you need a break?

I give you 5 more mins to settle down and we will then go back home.

MAGICAL WORDS

Not Yet - अभी नहीं / अभी तक नहीं

Instead of	Try this
<ul style="list-style-type: none"> You cannot write properly 	<ul style="list-style-type: none"> It seems you are not yet ready for writing
<ul style="list-style-type: none"> You spilled the milk 	<ul style="list-style-type: none"> I think you are not yet ready to hold the glass
<ul style="list-style-type: none"> Why do you always ask me to come along with you? Cant you go alone? 	<ul style="list-style-type: none"> This time I will accompany you, you are not yet independent to go alone.
<ul style="list-style-type: none"> You failed the exam 	<ul style="list-style-type: none"> You are not yet ready to move ahead, re-try and you will soon pass the exam.

AS SOON AS - जैसे ही

Instead of this	Try this
- No play, finish your homework first	- As soon as you finish your homework, you can play
- You have to finish your breakfast first and then you will be given phone.	- You will be given phone as soon as you finish your breakfast
- Put your toys back to its place or else I wont give you ice-cream	- ice-cream will be given as soon as you put your toys back to its place
- Clean your room and you will be given food	- I know you are hungry, as soon as you clean your room you can come to the table for lunch

Positive language

Instead of	Try this
- You are a failure	- Its ok, you learned a new lesson today. Can we discuss more on it to avoid happening again.
- How foolish you are you couldn't even greet your teacher	- Greeting is a good gesture.. Next time smile and greet your teacher
- You always break the things	- I think you need to be more careful while handling objects
- Why did you go out without my permission	- Always remember to inform me before stepping out of home.

Points to be noted..

- **While instructing be firm and clear.**
- **Do not break the rules.**
- **Be polite while talking to children.**
- **Give children space and time to understand.**
- **Treat them as you want them to treat you.**
- **Model what you say.**



IF I WAS MEANT
TO BE CONTROLLED,
I WOULD HAVE COME
WITH A REMOTE.